

Day 2

Read Genesis 25:24–34

The author of Genesis gives us a lot of physical descriptions of the two brothers. As you reread Genesis 25:24–34, write a J or an E beside each word or phrase below to indicate with brother fits that description.

- ▶ Rebekah's favorite
- ▶ Red and hairy
- ▶ Skillful hunter
- ▶ Held to his brother's heel
- ▶ Trades his birthright
- ▶ Tricks his brother
- ▶ Homebody
- ▶ Isaac's favorite
- ▶ Hunts for the meat
- ▶ Cooks the food

These two brothers were quite different. But there was one even bigger difference that would change their lives. Which brother was impatient?

That's right—and he lost out on a lot by refusing to wait until later, didn't he?



Rebekah's favorite J; Red and hairy E; Skillful hunter E; Held to his brother's heel J; Trades his birthright E; Tricks his brother J; Homebody J; Isaac's favorite E; Hunts for the meat E; Cooks the food J

Day 3

Esau made a pretty unwise choice when he gave up his rights as firstborn—all because he didn't think he could wait.

If he had given that decision a little more time, he could have prevented a whole lot of bad things that happened later in his family.

One of the best ways you can “think twice” is by talking to God about whatever situation is tempting you to be impatient.

Take some time to talk to God about something you need help being patient with. You can use this sample prayer or pray your own.

Dear God, thank You for the

opportunity to _____.

Even though it's a good thing, I know sometimes I miss out on something even better when I am impatient.

Please help me think twice by coming to talk to You whenever I think I can't wait. Please give me the strength and wisdom to resist the impulse to rush

what I need to wait for. In Jesus' Name,

I pray. **Amen.**