

Patience is waiting until later for what you want now.

Read: Lamentations 3: 24-26

DAY

1

Remember When

In this week's story, we learned how the Israelites quickly forgot all God had done. A good way to remember the good God has done is to tell others about it. With a friend or family member, talk about the times that God has been good to you.

THANK God for the good things in your life.

DAY

2

Freeze!

Play a game of freeze dance! Once the music stops, freeze and wait for it to start again! Whoever is "freezing" the music, allow for long pauses, along with some shorter ones!

ASK God for patience.

DAY

3

Gather a Crop

Read Lamentations 3: 24-26. Ask your adult or look up what this verse means. After your chat, draw a picture to help you remember this verse. Maybe draw symbols or emojis to represent different parts of the verse. Look back at this picture to help you remember this verse.

LOOK for ways to wait well.

DAY

4

What Is True

When you have to wait, remember what's true. Talk to God about the things that are true. Ask God to remind you of these things when you have to wait. You can pray your own prayer or something like this:

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 "Dear God, You have put so much good in my life. I pray that you can help me to see it and know You are good. Help me to remember the things that I have waited for and how You provided. I love you. Amen."  
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KNOW that God cares for you and will give you what you need.

When you have to wait,
remember what's true.